

Healthcare Cost Containment Committee Minutes
October 2, 2013
3:30 p.m. to 5:00 p.m.

Attendees: Sue Robinson, Carol Smith, Sandi Eherenman, Carolyn Belfiore, Nick Coler, Tim Parsons, Marge Chiafery, Kim Demaso, Linda Hastings, Linda Freeman, Karen Bonin, Debie Clayton, Christine Soucy, Marsha McGill

1. Approval of September 11, 2013 Minutes

Sandi Eherenman moved (seconded by Carol Smith) to approve the September 11, 2013 minutes.

The motion passed 9-0-4 with Debie Clayton, Karen Bonin, Linda Freeman, Kim DeMaso abstaining. Not all members were present during the vote.

2. Approval of a Second Health and Safety Coordinator

Marge Chiafery announced that Bob Gidari will be the District's second health and safety coordinator. The District will receive another \$500 after Bob completes his training. Christine Soucy and Bob Gidari are the two Health and Safety Coordinators.

Tim Parsons asked that the District spend the first \$500 by the end of December 2013.

3. Health Assessment Participation Rate

a) Rate for September

Tim Parsons reported the personal health analysis completion rate remains at 66%. He noted four additional individuals had completed the health assessment survey since the last meeting and that an additional 38 are needed to prior to December in order to meet the committee's goal of 70%.

b) Eligibility for the Incentive Check

Tim Parsons reported that the district could be eligible to receive a \$100 incentive check next year if District exceeds this year's health assessment survey participation rate.

c) Participation by Category

Tim Parsons reported that the participation rate by category (employee, spouse, retiree) will be available by October 15th.

4. Patient Protection and Affordable Care Act Update

Debie Clayton provided a comprehensive summary about the complicated Patient Protection and Affordable Care Act (PPACA). A few highlights of her summary included the following:

- The maximum amount for flexible spending accounts was reduced from \$3,000 to \$2,500.
- Individuals who do not have health insurance by December 31, 2013 will be penalized when they file their 2013 tax return.
- The maximum wait period for healthcare for new hires is 90 days.

- Effective in 2015 employers must offer affordable group health insurance for employees who work 30 hours or more per week.

Debie Clayton noted that complete information is available on the HealthTrust's web site, www.healthtrustnh.org.

Marge Chiafery and Debie Clayton both affirmed that the District's health insurance carriers are in compliance with the Patient Protection and Affordable Care Act (PPACA).

5. NH Cancer Collaboration

Tim Parsons announced the HealthTrust annual conference will be held on March 27, 2014 at the Grappone Center. Tim noted a need for representatives from two different municipalities to work together in a 30 minute session highlighting efforts within their municipality to help prevent cancer. Tim asked if two representatives from the Healthcare Cost Containment Committee would be interested in representing the Merrimack School District. Marsha McGill, Carolyn Belfiore, Linda Hastings and Nick Coler volunteered to represent the Merrimack School District. He referenced the web site www.nhcancerplan.org.

6. Review of HealthTrust Rate Schedule

Debie Clayton reported that the public hearing for insurance rates will occur on October 3, 2013. The public hearing is an opportunity for the leadership group to explain the rate setting process and for members of the public to ask questions. Debie noted that on October 17, 2013 the Board will review the finance committee's recommendation, consider the input from the public hearing and come up with the new rates. The guaranteed maximum rate will be known by the November 6th Healthcare Cost Containment Committee meeting.

The rate increase for 2013-2014 was 2.8% compared to 5% in 2012-2013. Years ago the rate increase was 18%.

7. Application for Smart Phones for Trackers

Tim Parsons reported that a smart phone tracker application is expected January 2015.

8. Formation of Subcommittee to Develop Vision Statement

Tim Parsons, Christine Soucy, Linda Freeman, Nick Coler and possibly Bob Gidari will meet for an hour after school before November 6th to create a vision statement for the Healthcare Cost Containment Committee.

9. Other

Tim Parsons asked if OnLife Health could use Merrimack as a case study for OntheMark Assessment and would a representative(s) from the Merrimack School District be willing to talk to a representative from Maine about the OntheMark Assessment experience. He noted no obligation beyond the call. Marge Chiafery and Linda Hastings will participate in the conference call.

Debie Clayton passed out her new HealthTrust business cards.

Suggestions were offered to increase Health Assessment Survey participation.

- Retirees can complete a paper and pencil survey
- Contact and/or remind all new hires to complete the survey before November 6, 2013
- Provide individuals with the HealthTrust's Enrollee Services Representative's phone number (800-527-5001) if they need help with the Health Assessment Survey login information.

Compass SmartShopper:

Sandi Eherenman reported three individuals from the high school provided her with positive testimonials regarding their experience using the Compass SmartShopper.

2013-2014 School Year Meeting Dates

Meeting Date	Refreshments
October 2	Nick Coler, Marsha McGill
November 6	Christine Soucy, Sue Robinson
December 4	Carol Smith,
January 8	Carolyn Belfiore, Kim DeMaso
February 5	Linda Freeman, Karen Bonin
March 5	
April 2	
May 7	Marge Chiafery, Sandy Swanson
June 4	